

In this issue:

Meadows residents collecting their composting caddies.



Issue #4 - Spring 2023

Green Meadows Newsletter

Voices

Green Meadows Online Knowledge Bank

What is it? ➤

Green Meadows are excited to announce the Knowledge Bank is **now available online!**

Developed from the collection in the Meadows Library, the launch of the Knowledge Bank website aims to be a 'one-stop shop' for climate-related information.

As the Knowledge Bank grows, you can expect to see it updated with a variety of content, **ranging from videos, games, documentaries and more.**



A Knowledge Bank display stand at the Meadows Library.

greenmeadowsknowledgebank.uk

What's on?

Highlights of upcoming FREE events:

| | | |
|--|--|--------------------|
| <p>Sat 20 11:30-15:00 Pop-Up Café + Tai Chi at AMC Gardens (Online)</p> | <p>Tues 16 17:30-19:00 Introduction to Future-Fit (Online)</p> | <p>May</p> |
| <p>Tues 13 17:30-19:00 Heat loss, moisture & ventilation (Online)</p> | <p>Tues 30 17:30-19:00 Introduction to Wall Insulation (Online)</p> | <p>June</p> |
| <p>Sat 8 10:00-12:30 Practical Floor & Loft Insulation Workshop</p> | <p>Fri 16 10:00-13:00 Woodwork: Fitting skirting boards & Draftproofing</p> | <p>July</p> |



To view all upcoming events, visit greenmeadows.uk/events.

In focus

Pop-Up Café at AMC Gardens

A free café in the heart of the Meadows

In collaboration with **AMC Gardens**, we decided to start a beautiful community café every other month. Inspired by the community's suggestions, we have introduced a pay-as-you-feel **refill station**. It is now available during AMC Gardens' opening hours and aims to cut back on plastic waste.



The next café on **20th May** will have a **calm before cake** session, with free Tai Chi from **11:30 - 12:30**.

Call 0115 718 2028 to sign up for free Tai Chi!

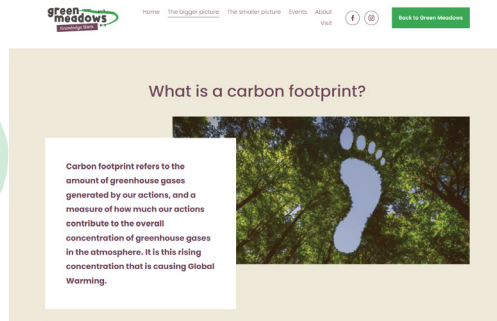
What can I learn?

The Knowledge Bank is here to equip the Meadows with **resources to broaden your knowledge about climate change** and learn how we can stop it.

We've split the Knowledge Bank into sections titled **'The Bigger Picture'** and **'The Smaller Picture'**, helping you to **think globally** and **act locally**.

With themes ranging from 'Activist Groups' to 'Food Waste', 'Rewilding' and more, there's something for everyone.

Why not start with our article 'What is a Carbon Footprint'?



Can't find what you're looking for? The Knowledge Bank is a **community-led project**, so let us know what you'd like to learn more about!

What have you been reading?

Betty, our Green Learning Coordinator, has been using the Knowledge Bank when working with schools throughout the Meadows when continuing her workshops at **Welbeck Primary School**, and most recently, when visiting foundation students at **Victoria Primary School**.

Here, they read from the popular picture book **The Last Tree**, a story about community and the environment through the eyes of young people. The book's beautiful illustrations and engaging story proved a hit with the audience!



At the **Knowledge Bank** in the **Meadows Library**, you can find this book, among others which all touch on a host of exciting content for all ages.

Green Meadows Knowledge Bank
The Meadows Library, Wilford Grove, NG2 2DR

Cut your Fuel Bills and get Future-Fit

Meet Meadows Climate Champion Peter

Peter is one of the brains behind the Meadows **Community Composting project**. Peter and a few like-minded residents got together to find ways to **reduce local food waste**.



Peter says 'I always thought that it was a shame that compostable waste had to go in with the rubbish and composting in my own backyard wasn't really an option.'

Thanks to Peter and the community composting team, they were able to make a difference beyond his backyard, leading to the installation of **6 composting boxes** at the **Memorial Gardens & Queens Walk Recreation field**.

Peter says 'Green Meadows have supported us all the way through', with training from experts and with funding. He is pleased that now **up to 60 households are composting**.

Interested in composting?

Call us at 0115 718 2028 or email admin@greenmeadows.uk



- 1 We visit your home to complete a **free** future-fit assessment which is a tailored plan advising on the energy saving measures you can make to your home
- 2 Kickstart your Future-Fit plan by learning skills at DIY workshops & more
- 3 You'll be saving money on your bills, whilst reducing your carbon footprint!

Sign up: 0115 718 2028 greenmeadows.uk/future-fit

Stay updated

Facebook - /GreenMeadowsProject

Instagram - @greenmeadowsproject

Turn me over for more!

Email - admin@greenmeadows.uk

Crossword

Across

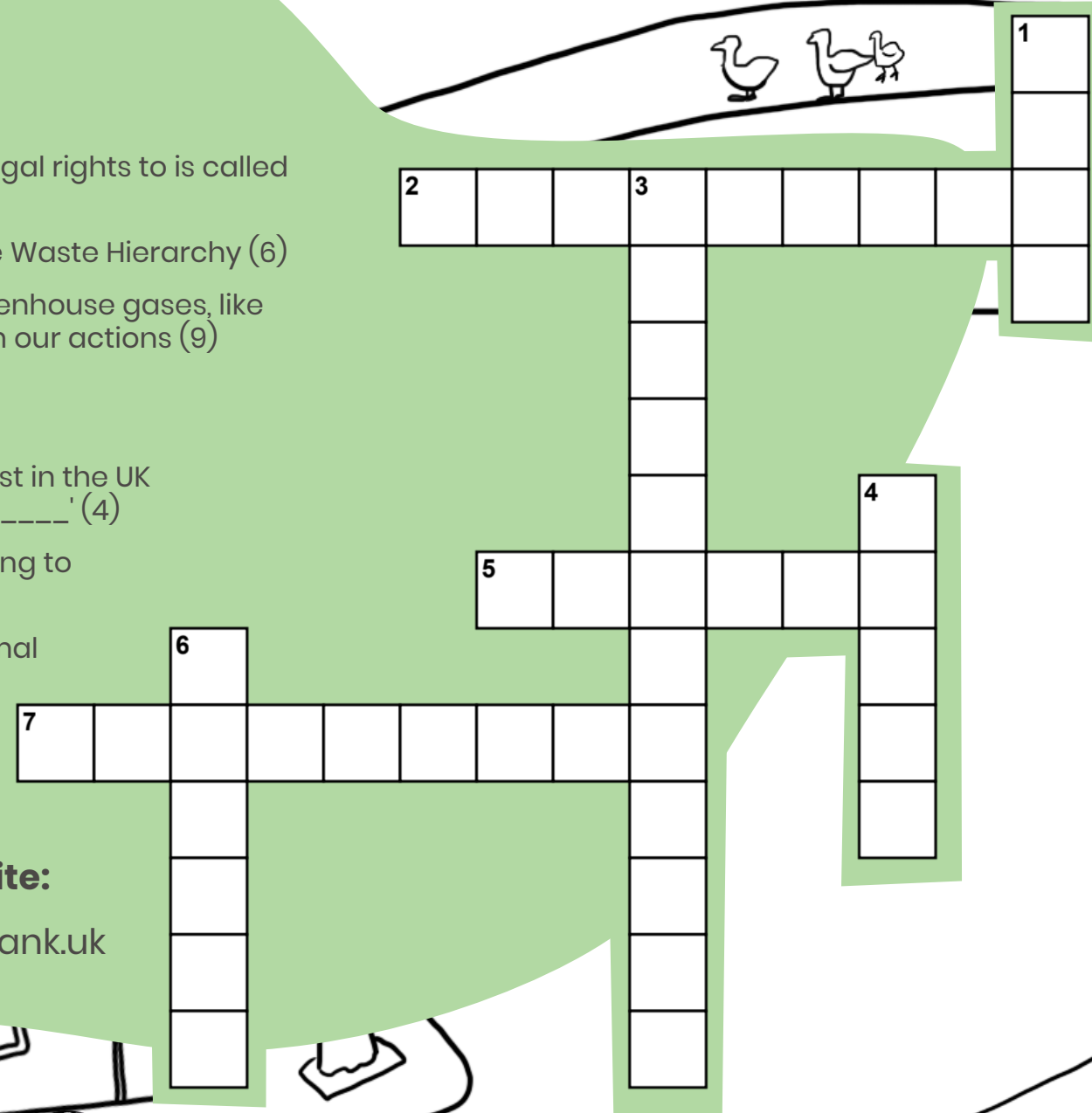
- 2. Gardening on land that you don't hold legal rights to is called '_____ gardening' (9)
- 5. The first and most important step on the Waste Hierarchy (6)
- 7. Carbon _____ is the amount of greenhouse gases, like carbon dioxide, we each generate through our actions (9)

Down

- 1. The first example of environmental protest in the UK happened in the 1930's, called the 'Right to _____' (4)
- 3. The practice of refurbishing an old building to make it more energy efficient (12)
- 4. A plant-based diet that includes no animal products such as meat, fish, or dairy (5)
- 6. The most thrown away vegetable in the UK (6)

Find the answers on the Green Meadows Knowledge Bank website:

www.greenmeadowsknowledgebank.uk



Colouring in

Show us your design online!
@greenmeadowsproject

**Spring time
in the Meadows**

